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Integra Springs at Kellswater

Integra Springs at Kellswater is LandSouth's latest multi-family project. It is located in Kannapolis, North Carolina north-east of Charlotte along Interstate 85 near Lake Norman. The city is nicknamed the "City of Looms" because of its production of household linens and textiles. NASCAR driver Dale Earnhart Jr. was born and raised in this rural city. Ralph Earnhart and Dale Earnhart Sr. were also buried in Kannapolis. The Project Manager for this new job is Jason Cromer. He will be assisted in the field by Project Superintendent Jim Tayfel and Assistant Superintendent Dave Tranquilli. Project Administrator Candice Aery will be making sure the

office tasks run smoothly. Integra Springs will be a 312 unit apartment complex consisting of seven 26-unit three-story buildings, four 29-unit, three story buildings, seven 2-unit carriage buildings, and 155 covered parking garages. There will be a state of the art Resident Lounge with a 50" plasma TV, stainless steel BBQ grills, and a playground. The gated community consists of three-story wood frame construction

over post-tension concrete slabs, with shingle roofs, along with stone and lap siding exteriors. All units are also equipped with fire sprinklers. Integra Springs sounds like a GREAT place to live!

Photo Courtesy of Aero Photo



LandSouth Kitchen

Chicken Salad

Submitted by:
Melissa Pass, Estimator

Ingredients

8 oz chicken, cooked and shredded
3/4 c celery, chopped
4T mayonnaise
1T spicy mustard
Ground pepper
1 c red grapes, halved

Directions

- Mix chicken and celery together
- Add mayonnaise a tablespoon at a time until the desired consistency is reached. Try to get the chicken to stick together but don't let the mix get too wet
- Add spicy mustard
- Add pepper to taste
- Fold grapes into mixture
- Chill for a few hours

Things You Always Wanted to Know About... Joy Thomas

This month marks the five year anniversary of Joy Thomas' employment with LandSouth. She was first hired as the receptionist and quickly moved up to take on the administrative duties for the Valencia at South Beach project.

She worked on the three phases of Valencia as well as Turnbull Bay and Atlantic Crossing. In 2007, a new position opened up at LandSouth and Joy decided to take up the opportunity.

She is now the Staff Accountant for LandSouth. Her duties include managing draws and invoices for payment, along with lien release tracking. Joy also recently initiated a recycling

program in the corporate office.

This year has been a very busy one for Joy. She recently got married to Caleb Thomas on June 5th. She also recently decided to go to school full time to pursue a teaching degree majoring in History and minoring in Psychology.

As of late, Joy decided to make some healthy lifestyle changes. She has taken up cycling and works out three times per week. She enjoys cooking and hanging out at the beach with friends.

A few interesting facts about Joy...every night she drinks a glass of organic chocolate milk before bed. Also, she is the

youngest of five children. She has three sisters and one brother.

Congratulations on your new marriage and your five year anniversary with LandSouth!

Joy and Caleb Thomas



LandSouth's Summer Outing

Friday, July 10th, employees and their dates met at the office for an adventurous evening that awaited. For dinner, Al's Pizza hit the spot accompanied by some filling appetizers. The beer was chilled and cured any pre-game jitters. Shortly thereafter, transportation arrived and was a surprise to all: LandSouth's own trolley for the evening - that's right, a TROLLEY!

They arrived at Beach Bowl and divided into teams. Light banter added to the competitive mood. It appeared that fun was had by all. Assistant Superintendent Dave Tranquilli won a gift card to Ruth's Chris Steakhouse for being the high scorer of the evening bowling over 200.

After two rounds of team bowling, they were off to their next undisclosed location.

The group arrived at a very crowded Pusser's Bar and Grille in Ponte Vedra dressed in their matching LandSouth bowling team shirts. It was quite a sight to see. The night ended with a quiet trolley ride back to the office.



**A big thank you to
CLP Systems
and
Triad Mechanical
for sponsoring this great event!**

It's almost Flu season!

The Centers for Disease Control and Prevention (CDC) has recently made comments to suggest that the H1N1 flu virus is still an active cause for concern. Our health insurance carrier, United Healthcare, has just announced that it will provide coverage for the H1N1 (swine) flu vaccine for all members covered by its plans.

Based on the current situation, the CDC has advised the prioritized list for who shall receive the vaccine:

- pregnant women

**Don't forget to turn
in any eligible HRA
expenses before the
end of the year!**

- Caregivers to children under 6 months of age
- Health care and emergency service personnel
- Children and young adults aged 6 months through 24 years old
- Persons aged 25 through 64 years old who have underlying health conditions

Other population segments (those not included in this list) may be able to receive the vaccine if it is available

Upcoming Holidays & Employee Birthdays

Sept. 7th - Labor Day

Office Closed

October 31st- Halloween

Don't forget your costumes!

Happy Birthday!

Mike Taylor- September 7th
Sonny Lloyd- September 18th
Kim Johnston- October 11th
Debra Davis- October 22nd



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